

SAFETY

TALK IT UP!

Slips



Trips



Falls



Reduce Your Risk:



Slow down & pay attention to where you're going



Use sufficient light for your tasks



Look out for uneven walking surfaces



Place each foot firmly & flat on the ground



Make wide turns at corners



Walk with feet pointed slightly outward



Adjust your stride on slippery materials – water, ice, snow, gravel, etc.



Use care walking over wrinkled carpeting, scatter rugs, mats